



# **CANCER and ABCs OF LEAN BODY MASS:**

## OPTIMAL NUTRITION INTERVENTIONS

Presented by:

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# CANCER and ABCS: OF LEAN BODY MASS OPTIMAL NUTRITION INTERVENTIONS

## Program Objectives

- Discuss the importance of lean body mass and drivers of protein degradation and synthesis
  - Review cancer cachexia and its relationship to lean body mass loss
  - Review clinical and functional outcomes related to the loss of lean body mass
  - Describe nutrition interventions that can impact lean body mass

New self-study, continuing education program is now available on the Abbott Nutrition Learning Center Website: <http://ahni.org/abbott-learning-center>

Participants must view the program independently and complete the evaluation, post-test, and certificate on-line in order to receive credit.

This program is prior approved for 1.0 CPEU for Dietitians and Dietetic Technicians and 1.0 CE for Nurses.

**Those who may have participated in the Webinar version of this program in the past cannot receive additional credit for participating in the self-study program.**



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